

Blocking a Yoke Dress and Dress smocked from the Shoulder *by Ann Forehan*

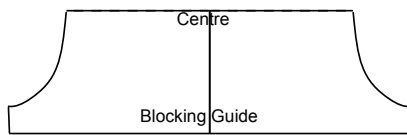
Remove pleats according to pattern

-if smocking under the armholes or smocking from the shoulder remove for 1cm.

-if smocking a yoke dress, remove threads as indicated on the Blocking Guide

Tie threads in twos at one edge with secure knot leaving a tail of about 10cm

Pull threads so knot sits on first pleat



Untie threads to match at right hand side but do not knot!

Lie blocking guide on ironing board or polystyrene board

Pin fabric onto blocking guide, match edges to guide.

Don't worry that pleats appear uneven and are standing up

Gently pull threads from right hand end until pleats sit flat, tie two threads together securely.

Count pleats and mark the Centre pleat with a coloured thread.

Leave pins in seams and at centre, arrange pleats evenly

Steam with iron, make sure iron doesn't touch fabric, leave to dry.

Now you're ready to smock! Follow chosen smocking pattern

