

Instructions for Blocking a Bishop Dress

by Ann Forehan

Bishop Smocked Dress

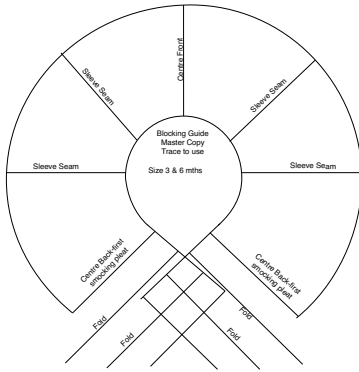
Untie large knot on left side of fabric.

Remove thread from pleats as indicated on blocking guide

Tie 2 threads together leaving a tail of about 10cm making sure knot will not slip

At right side of fabric untie large knot and remove thread from fabric as indicated on blocking guide. **DO NOT CUT THREAD OR TIE IN KNOT!**

Lie blocking guide on ironing board or polystyrene board



Match unpleated left edge of fabric to guide, secure with pins

Working from the left, match seams to marks on blocking guide, shoulders and approximate centre. Don't worry that pleats appear uneven and are standing up

Gently pull threads from right hand end until pleats sit flat, tie two threads together securely.

Count pleats from shoulder seam to shoulder seam at the front and mark the Centre pleat with a coloured thread.

Leave pins in seams and at centre, arrange pleats evenly (they will be fuller in some sections).

Steam with iron, make sure iron doesn't touch fabric, leave to dry.

Now you're ready to smock! Follow chosen smocking pattern

